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Association of Social Workers (NASW) and of the Anxiety and Depression Association of America (ADAA). She is a Clinical Fellow of the ADAA, and also received the 2012 Clinician Outreach Award and the 2017 Clinician of Distinction Award. Elizabeth is co-owner of AnxietyTraining.com with a mission to train clinician's nation-wide in evidence-based treatments. A graduate of Columbia University in New York City, and the University of Maryland at Baltimore's School of social work, she completed her clinical training at the National Institutes of Health and the Catholic University of America. She is the co-author of two books, The Anxiety Cure and The Anxiety Cure for Kids. Elizabeth works in Rockville, Maryland.www.DuPontClinicalAssociates.com