

Creating a Community with Team Building Activities **IABH Normal, IL August 30, 2022**

Darin Sullivan - Special Education Teacher
Glenbrook North High School
Northbrook, IL 60062
dsullivan@glenbrook225.org

Bill Edison - Special Education Teacher
Glenbrook North High School
Northbrook, IL 60062
wedison@glenbrook225.org

Why use these activities?

Get to know each other - build a comfortable group community
Learn about similarities and differences
Comfort = group opening up communication
Helps to make you become their "go to" person

Challenge by Choice

Some may not want to participate, encourage them but be careful and don't push too hard. Usually, I can get them to help me lead the activity if they don't want to participate. They could be a Timekeeper, checking to see if the group accomplished their goal....

Team building activities

1. Getting to know you games
 - a. [Hands Down](#)
 - b. [One-Minute Frenzy](#)
 - c. [Smith Circles](#) - or put people in groups by number of letters in their first name
 - d. [Toss-A-Name Game](#) - First name and a food that starts with the same letter.
 - e. [What you say](#)
 - f. [Snowball](#)
 - g. [Are You More Like: Mix and Match](#)
 - h. [Ice Breaker Cards](#)
 - i. [Handshakes](#)
 - j. [The questioning beach ball](#)
2. Communication / Team building
 - a. [Scarred Heart](#)
 - b. [You Tear Me Up](#)
 - c. [Line Ups](#)
 - d. [1-1 Interview](#)
 - e. [Word Circle Puzzles](#)
3. Cooperation / Team -building
 - a. [Warp Speed](#)
 - b. [Human Knot](#)
 - c. [Group Juggling](#)
 - d. [Flip and Find](#)
4. Trust
 - a. [Human Camera](#)

- b. [Hog Call](#)
 - c. [Have You Ever?](#)
 - d. [Emotional Gifts](#)
5. Problem-solving
 - a. [Pathfinder](#)
 - b. [All Aboard](#)
6. End of the year activities
 - a. [Positive Bombardment with paper plates](#)
 - b. [Letter to Self](#)
 - c. [Chiji Cards](#)

Online Resources

The first three are my favorite.

- [FUNdoing.com](#) (Activity resources for team builders) - Click on his resources
- [ChrisCavert.com](#) (the OnTeamBuilding blog - Let's talk team building)
- [Kikori](#) - they also have an app
- [Playmeo](#) (free and more activities if a member)
- [ExperientAdventure - Youtube](#)
- [Icebreakers.ws](#)
- [International Association of Teamwork Facilitators \(IATF\)](#)
- [Planday](#)
- [We are Teachers](#)
- [Great camp games](#)
- [Maryville.edu icebreakers and team builders](#)
- [Group Games](#)
- [Florida High School - Team-Building-Ice-Breaker-Manual](#)
- [Training Wheels](#)

Works Cited Books

Cavert, Chris, and Laurie S. Frank. *Games (& Other Stuff) for Teachers: Classroom Activities That Promote Pro-social Learning*. Oklahoma City, Wood 'N' Barnes, 1999.

Frank, Laurie S. *Journey toward the Caring Classroom: Using Adventure to Create Community*. Bethany, Wood N Barnes, 2013.

Frank, Laurie S., and Ambrose Panico. *Adventure Education for the Classroom Community: Over 90 Activities for Developing Character, Responsibility, and the Courage to Achieve.*

Bloomington, National Educational Service, 2000.

Rohnke, Karl. *Quicksilver: Adventure Games, Initiative Problems, Trust Activities.* USA, Kendall / Hunt, 1996.

---. *Silver Bullets: A Guide to Initiative Problems, Adventure Games, Stunts and Trust Activities.*

Dubuque, A Project Adventure publication in cooperation with Kendall/Hunt Pub., 1984.

If you have any questions feel free to reach out to us.

Darin Sullivan - Special Education Teacher
Glenbrook North High School
Northbrook, IL 60062
dsullivan@glenbrook225.org
dmsullivan1120@gmail.com

Bill Edison - Special Education Teacher
Glenbrook North High School
Northbrook, IL 60062
wedison@glenbrook225.org