



DRAFT CONFERENCE AGENDA

Monday, August 29, 2022 – Pre-Conference Workshops

12:00 pm Registration

1:00 pm – 4:30 am Board Meeting

1:00 pm – 4:15 pm Pre-Conference(s) – (est. 3 CEUs)

1) **Effective Use of Boundaries in Clinical Settings: A Clinical Approach**

Presenter(s): *Chaz Franke*

Boundaries are an essential part of every functioning relationship, and they are the cornerstone of any clinical encounter. For many of the people we serve they have never experienced a safe relationship with predictable boundaries and role clarity. This training will focus on the application of boundaries and role clarity in creating effective clinical encounters. Our ethical obligation to boundaries only strengthens the ability to fully lean into creating safe spaces for our clients. In this training we will look at the clinical application of boundaries, effective strategies for communicating boundaries without creating fear or threat, and the effective use of supervision and support in understanding the clinical role of boundaries in treatment. Boundaries are the foundation we work from as helping professionals, and it is imperative that we find ways to remain within the role we fill while still maintaining self-compassion and preventing exposure to moral injury and burnout.

2) **Staying focused. Managing the Unmanageable**

Presenter(s): *Sonia DuBose*

Affected by the Pandemic (1st hour)

- Loss of job
- Benefits
- Husband

Both my husband and I lost our jobs in early 2020. It is unfortunate that we weren't educated enough to have an appropriate saving plan for such an emergency like the one that we went through. However, what I am grateful for is that we have come from the bottom to where we were therefore, we put our heads together to find a way to "survive." So, there was my husband and I playing the "survival of the fit is" game again.

Our resources started to dry out or became limited. It was either pay this or that. Thank goodness for Medicaid and Snap benefits. Oh, and with my husband his Medicare. However, there were times that we couldn't pay the copay of medications that weren't

covered. Life started to weigh down on us. My hubby even spoke about going back to our old ways, but I reminded him how far we have got and that this is a test from God, and we will not fail him. Trust in him. So, we sat back down and did another budget cut. This time we couldn't keep up with the life insurance policy so we let it go so that we can pay two bills instead. "We can pick back up once we get back right." We chuckled. Little did we know that it wasn't the case.

A few months later my husband of 21 years passed away and there we were like millions begging for support to bury my great king and father of 7. Although he was in peace, he was buried 4 hours late due to lack of funds. That event taught me a great lesson. Never gamble with life insurances because no one knows their expiration date. I was distraught!

Major Come Back (2nd hour)

- Support Network
- Education
- Psychotherapy
- Professionalism
- Writing about the experience

Events like the one I went through made me understand that I was not alone. My support network was very active w me and made sure that I was finding a way to adapt to this new "life." I feel like I finally took off the training wheels off the new bike. Because the last one I was riding was 27 years old. I am looking at life through new lenses and it was with the help of my children, grandchildren, my extended family, and my former and current co-workers. Not to mention my spirituality helped tremendously. I will discuss how I found a way to work with my loss and continue my journey in this world as my husband will wait for me in the world, we call eternal life. My personal life and it's struggles, my educational journey along the way of my stages of grief, and my professional success this far!

What Will Lie Ahead (3rd hour)

- Future objectives
- Advocacy
- Focus
- Self-control
- Achieve

The third hour will focus on future objectives. How to advocate for what have passion for instead of staying symptomatic (ie: depressed, anxiety, isolated).

- Focus on the importance of life and your footsteps.
- How to have self-control even though one will have "one of those days".
- Lastly, how to continue to achieve your goals and dreams and still honor your loved one.

Tuesday, August 30, 2022 (est. 6 CEUs)

7:30 am Reception Open

7:30 am – 9:00 am Continental Style Breakfast

8:00 am Exhibits Open

8:30 am – 9:45 am Welcome & Keynote (1 CEU)
IABH Board Chair & CEO

Paws for Patrick: Bringing the love of animals to the people who need it the most

Presented by: *Fronzie Roemer and Magdelene Roemer*

Connecting young people to emotional support animals and therapy dogs to aid them as they live with mental illness.

9:45 am – 10:15 am Exhibit Session/Break

10:15 am – 11:15 am Concurrent Session 1 (1 CEU)

Workshop Title:	Pushing the Boundaries of Success: How to Get the Most Out of Clinical Supervision	Open Forum with SUPR Prevention Director Rafael Rivera (part 1)	Police and Treatment Partnerships: Learning from National and State Deflection Efforts	Alleviating Guilt and Shame in Recovery through Self-Compassion
Presenter:	Courtney Kibble, Mary McClure	Rafael Rivera	Jessica Reichert, Jac Charlier	Justin Wolfe
Room:				

11:15 am – 11:30 am Transition Break

11:30 am – 1:00 pm Luncheon/Keynote

You Have to Surrender to Win: Climbing Your Way Out of Rock Bottom

Presented by: *Laurie Dhue, News Anchor & Alcohol Recovery Advocate*

From the heights of broadcaster stardom to the depths of despair in her darkest periods of alcoholism, speaker Laurie Dhue shares her courageous story of getting—and staying—clean. In this inspirational speech, Dhue offers insight into the battle of addiction and how she finally found her path out of the disease that would have eventually killed her. Through her brave and passionate story, she shows audiences that through failure comes humility—and ultimately triumph.

1:00 pm – 1:15 pm Exhibit Session/Break

1:15 pm – 2:15 pm Concurrent Session 2 (1 CEU)

Workshop Title:	Motivating the Unmotivated: Utilizing Motivational Interviewing to Resolve Ambivalence	Open Forum with SUPR Prevention Director Rafael Rivera (part 2)	Incorporating Knowledge and Techniques of Substance Use Disorders into Daily Practice	Healthy Boundaries for Helping Professional
Presenter:	Justin Wolfe	Rafael Rivera	Courtney Kibble, Mary McClure	Jessica Newsome, Shaharazad Johnson
Room:				

2:15 pm – 2:45 pm Exhibit Session/Break

2:45 pm – 3:45 pm Concurrent Session 3 (1 CEU)

Workshop Title:	When Abstinence is Not the Patient's Goal: Individual Recovery Planning and Support	More Than “Just Sober”	Can’t We All Just Get Along? Keys to Community Coalition Success, Collaboration and Coordination	Bright Futures for Employment of Persons In Recovery
Presenter:	Karen Wolownik Albert	Jessie Monreal	Dennis Trask, Judge Daniel Enge	Anna Whites, Steve Klipp
Room:				

3:45 am – 4:00 pm Exhibit Session/Break

4:00 pm – 5:00 pm Concurrent Session 4 (1 CEU)

Workshop Title:	Creating a Community With Team Building Activities	Successful Parenting: Create Your Custom Plan for Raising Independent Children into Adulthood	Best Practices: 988 Crisis Response	From Post-Traumatic Stress Injury to Sustained Healing: A New Model for Care
Presenter:	Darin Sullivan, Bill Edison	Robin Choquette, Jacqueline Rhew	Linda Henderson-Smith	Valerie Groth
Room:				

5:15 pm – 6:15 pm Welcome Reception
Sponsored by Third Horizon Strategies

Wednesday, August 31, 2022 (est. 5 CEU's)

8:00 am – 2:45 pm Exhibits Open

7:00 am – 2:45 pm Registration/Information Booth Open

7:30 am – 8:30 am Continental Style Breakfast

8:30 am – 9:30 am Concurrent Session 5 (1 CEU)

Workshop Title:	Making the Most of Quiet Time (part 1)	Second Time Around: “Grandfamilies”	Mental Health Professionals' Role in the Criminal Justice System	Treating Substance Use Disorders in Older Adults
Presenter:	Robert Bollendorf	Nancy Phillips	Scott Block	Randall Webber
Room:				

9:30 am – 9:45 am Exhibit Session/

9:45 am – 10:45 am Concurrent Session 6 (1 CEU)

Workshop Title:	Engaging Learners: Understanding and Responding to School Refusal, School Anxiety & Avoidance	Four Strategies to End the Opioid Epidemic		Cannabis and Mental Health: What To Do When Your Client Uses Cannabis
Presenter:	Jacqueline Rhew, Robin Choquette	Patrick Gauthier, Sue Pickett		Jennifer Moreno
Room:				

10:45 am – 11:00 am Exhibit Session/Break

11:00 am – 12:00 pm Concurrent Session 7 (1 CEU)

Workshop Title:	Improving Access to Care: FGC's Mobile Medication-Assisted Treatment (MAT) Unit	Reframing Borderline: A Conversation on Compassion with Complex Clients	Alcohol and Cannabis Policy Solutions as a Prevention Strategy	Using Non-Traditional Drugs in the Treatment of Mental Health Disorders
Presenter:	Maria Bruni, Ron Vlasaty	Bree Kovac, Jeanne Hansen	Jacob Levinson, Jody Heavilin	Randall Webber
Room:				

12:00 pm – 1:30 pm Luncheon/Keynote (1 CEU)
Secretary Hou

1:45 pm – 2:45 pm Concurrent Session 8 (1 CEU)

Workshop Title:	Champions of Hope: Fostering Hope with Therapeutic Recreation Interventions	Technologies needed to be successful in Healthcare Reform for Mental Health, Substance Use, Developmental Disabilities and Human Service Organizations	Soul Shop for Communities: Caring for Those Impacted by Suicidal Desperation	Making the Most of Quiet Time (part 2)
Presenter:	Abby Nelson	Michael Lardieri	Tandra Rutledge	Robert Bollendorf
Room				

2:45 pm Conference Concludes