

Breaking the Barriers:  
The Journey of Being a Female Leader in Behavioral  
Health - Inspiring & Empowering Women:  
Leading with Authenticity

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# Agenda

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1. Explore strategic self-reflection techniques to master the equilibrium of leadership roles, ensuring you not only excel in your role but remain true to your core values, while preserving your authenticity as a female leader.
2. Uncover the blueprint for building resilience in the wake of setbacks, equipping yourself with tools and a mindset needed to transform challenges into opportunities for growth.
3. Learn to navigate the vast sea of feedback with discernment, identifying what to adopt and how to adapt it, then fostering a culture of continuous improvement and agile leadership adaption.





Take A Step  
Forward...





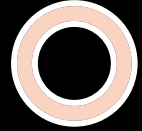
Now, Let's  
Process





# Resilience Mapping





Now, Let's  
Discuss





I Am  
Committed  
To...

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# Take A Stand...

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